

Most spring classes will start the second week of April.
Register early for classes to avoid the waitlist.

Villages 101

Tuesday, March 5, 1-2:30 p.m.

Learn the basics of the village concept in a lively discussion with Rockville Village Facilitator, Trish Evans, and an experienced village leader. Have your questions answered about starting a village in your neighborhood and get the necessary resources to support it. Held at Rockville Memorial Library
Course# 7212, Free

Transitions & Options

Wednesday, March 6, 2-3 p.m.

Ever think what should I keep, what should I give away? Well Adele Central is here to help! She will provide those answers to the frustrating questions one might have to downsize a home. Course# 7548; Free

Leaving your Legacy

Wednesday, March 20, 1-2:30 p.m.

Take this unique opportunity to meet with fellow seniors and chat about the day, current events or hobbies. Make new friends and learn something new. Course# 7323; Free

ADA Renovation Update

Construction for March will include the main bathrooms and the dining room snack bar. During this time, the main bathrooms will not be available. There are bathrooms located in the fitness wing and two single bathrooms in the dining room hallway. The breakfast bar will have a temporary location in the dining room during construction. Thank you for your patience.

Senior Center Hours:

Monday-Friday,
8:30 a.m.-5 p.m.

Registrations available
until 7 p.m. M-F
Saturday, 8:30 a.m.-1 p.m.
(Drop-in use only)

Fitness Center Hours:

Monday-Thursday,
7 a.m.-8 p.m.
Friday, 7 a.m.-7 p.m.
Saturday, 7 a.m.-4 p.m.

1150 Carnation Drive
Rockville, MD 20850
240-314-8800

For updates and
information visit our
website:

www.rockvillemd.gov/seniorcenter

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Rockville Emergency Assistance Program (REAP)

Emergency assistance is available for eligible City of Rockville seniors, 60 and older, experiencing a financial crisis, such as eviction or utility shut-off, or who need prescription medication. Referrals for emergency food, clothing, financial counseling, housing assistance and foreclosure counseling are also provided. Contact: Martha McClelland; 240-314-8816, or Andrea Rogers; 240-314-8817.

Tax Season and Scam

Tuesday, March 5, 10 a.m.-12 p.m.

Taxes are complicated. Resolving IRS tax problems can be stressful. Attorney John Pontius of Pontius Tax Law will discuss resolution options for taxpayers with unfiled tax returns, large unpaid tax bills, liens/levies and audit examinations. He will also tax updates from the 2017 Tax Cut and Jobs Act as well as how to avoid tax scams.
Course# 7452; Free

Thursday & Friday Movie Matinees at the Senior Center

March 7 & 8, 1-3:15 p.m.

Star is Born

Jack and Ally, two artistic souls comes together on stage and in life. Jackson Maine discovers and falls in love with struggling artist Ally. She has given up on her dream to become a successful singer, until she meets Jack, who immediately sees her natural talent. **Rated R** for language throughout, some sexuality/nudity and substance abuse.

March 21 & 22, 1-3:15 p.m.

Green Book

When Tony, a bouncer from an Italian-American neighborhood in the Bronx, is hired to drive Dr. Don Shirley, a world-class Black pianist, on a concert tour from Manhattan to the Deep South, they must rely on "The Green Book" to guide them to the few establishments that were then safe for African-Americans. **Rated PG-13** for thematic content, language including racial epithets, smoking, some violence and suggestive material.

Rockville Senior Center Highlights

March 2019

A full list of classes can be found in our seasonal 60+ Recreation Guide. The guide can be found online at www.rockvillemd.gov/seniorcenter, at the Senior Center or any city facility.

March Birthday Party

Wednesday, March 6, 1:30-3 p.m.

Sponsored by: Virginia Mabie, Joan & Joe West
Entertainment by: Jerry Roman, Irish Tunes & Trivia
Course# 7578; Free/\$7

Supper Club

Tuesday, March 12, 5-7p.m.

Dinner and entertainment. \$15 Member and \$20 Nonmember Register by 3/4,
Course# 9406
(This is a make of for the February Supper Club cancelled due to weather) A few spots remain open for those who hadn't already registered.

Solutions for Easier Gardening

Wednesday, March 13, 1-3 p.m.

Want your garden to be more productive and easier to maintain? Evan Keto of Fruitful Trees and Gardens will discuss ways to grow more fruit, vegetables, herbs etc. with less effort. We'll discuss garden layout, container gardens, raised beds, dwarf fruit trees, plant selection, mulching, watering, pest management, and more. Course# 9442; Free

St. Patrick Day Pancake Breakfast

Saturday, March 16, 9-11 a.m.
\$7 Adults/\$4 kids 12 and under
\$20 family of 4

Rockville Senior Inc. is an nine member non-profit corporation created to fundraise for Rockville Senior Services. Transportation is available for the Pancake Breakfast, call 240-314-8810 by 3/13. Register at the Center. Walk-ins are accepted day of.

8 Week Challenge

The challenge will start March 25-May 18. A mandatory meeting will be held March 19 at 1 p.m. This challenge is open for senior center fitness members and senior fitness class participants. More information can be found in the 60+ Recreation Guide. Course# 8583; Free

A special thank you to Jennifer Reynolds in assisting with the Positive Aging Program! Good Luck to Jennifer in her next chapter. We will miss you!



All programs are held at the Rockville Senior Center unless otherwise noted

Trip In-Person Lottery

Members: Tuesday, March 12,
10:30 a.m.

Nonmembers: Thursday,
March 14

Spring trips include Cherry Blossom Cruise and lunch, National Law Enforcement Museum, Baltimore Aquarium. Washington Nationals Baseball Game. See page 10-12 of your Spring 60 + Guide for complete details.

Zumba Party

Thursday, March 14,
1:30-3 p.m.

If you like music and dancing, come join the Zumba Party. Get a taste for salsa, merengue and other Latin dances. Learn the moves as you go. Instruction will be provided. All levels of experience are welcome.
Course# 7686; \$5/\$8

Young In Heart Senior Club Meeting

Thursday, March 21, 11 a.m.
All club members will be mailed "The Chatter" with complete information.

Spring Flower Happy Hour

Tuesday, April 30, 4:30-6 p.m.
Enjoy an evening out to meet new friends and the staff at the Senior Center. A \$3 donations is recommended. Wine and refreshments will be served. Bus transportation is available to Rockville residents by calling 240-314-8810.
Course# 9407